



REACH

Supporting Military Families Through
Research and Outreach



Military Culture

April 2016

Research

Outreach

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Submitted by:

The Military REACH Team
The Center for Research and Outreach (REACH)
The University of Minnesota

Military REACH, a project of the DoD-USDA Partnership for Military Families, utilizes a multi-disciplinary approach integrating both Research and Outreach to support those who work with and on behalf of military families. Through our three-fold approach, we provide empirical research that identifies and addresses key issues impacting military families and the programs that serve them, offer outreach and professional development through online resources, and host a Live Learning Lab for program staff seeking constructive professional development feedback for their programs.

Lynne M. Borden, Ph.D. (PI)
Amy Gunty, M.A.
Mark Otto, B.S.
Adeya Richmond, Ph.D.
Rhiannon Williams, Ph.D.

For additional information, please contact:

Lynne M. Borden, Ph.D.
Department of Family Social Science
The University of Minnesota
lborden@umn.edu
(612)625-4227

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Introduction

There are numerous opportunities for civilians, professionals who work with military families as well as community members, to support military families. Currently, civilians are positioned in various industries (e.g., healthcare, education, social work, financial management) and communities around the world that contribute to the well-being of Service members, Veterans, and their families. As such, it is important that civilians receive training and resources to better understand military culture. As an organization, the military has a rich culture comprised of shared attitudes, values, knowledge, goals, and practices. The capacity to recognize and value military culture, and act in a culturally competent manner is paramount so that civilians can offer the most appropriate services and assistance to military families.

The purpose of this document is to provide the results of a comprehensive review of trainings and resources that educate about military culture. The review consists of a short abstract for each resource or training, including an overview, the associated organization, accessibility, and relevant links. These resources include trainings (online or in-person), webinars, presentation slides, and other resources (e.g., handouts, webpages, or videos). The review was completed conducting an extensive search with major internet search engines, as well as YouTube, using a variety of search terms including military culture, military culture training, and military culture briefing. In addition, a search was conducted of the websites of all military branches, military-related organizations, and non-governmental organizations. In total, over 1,200 websites were reviewed.

As a result of the aforementioned process, two websites were identified repeatedly. The first was the Center for Deployment Psychology (CDP) <http://deploymentpsych.org/>, which is an organization that trains both military and civilian professionals to provide deployment-related behavioral health services to Service members and their families. CDP offers two comprehensive online trainings regarding military culture, numerous in-person presentations, online resources, and consultation for behavioral health providers. Of note, various national organizations (e.g., American Academy of Pediatrics) direct members to the CDP website for training and resources regarding work with military families. The second website identified repeatedly was the Department of Veterans Affairs (VA) Community Provider Toolkit, http://www.mentalhealth.va.gov/communityproviders/military_culture.asp, which consists of a combination of online resources and links to trainings aimed at civilian behavioral health providers of Veterans and their families.

The following resources were identified: 19% were online trainings, 13% were in-person trainings, 9% were webinars, 25% were presentation slides, and 34% were other resources (e.g. handouts, webpages, and videos). The intended audience of identified resources varied; some were for a general professional audience while others were directed toward specific audiences, such as healthcare providers or educators. The content of the trainings varied, but the majority covered knowledge about military structure, core values and beliefs, demographics, roles, and common experiences.

Overall, military culture resources and trainings can provide those working with and on behalf of military families the awareness, knowledge, and skills necessary to competently work with and support them. There is a wide breadth of information on military culture in the public domain and this document provides a listing of resources and trainings in which civilians may participate as they contribute to the well-being of military families.



Training - Online

MILITARY CULTURAL AWARENESS

ONLINE TRAINING

ORGANIZATION: ADVANCE, U.S. DEPARTMENT OF VETERAN AFFAIRS

This online training, offered by ADVANCE, covers topics such as branches of the military, structure of the military, and customs and practices of the military, among others. It aims to prepare new VA employees to work with Veterans. The eight-module training is available online.

Link: http://learning.mycareeratva.va.gov/courses/Military-Cultural-Awareness-Course/M/wrap_menupage.htm

Cost: Free

Audience: Veteran Affairs Employees

CARING FOR THE MILITARY FAMILY: WHAT WE ALL SHOULD KNOW ABOUT MILITARY CULTURE AND THE STRESS OF DEPLOYMENT

ONLINE TRAINING

ORGANIZATION: AMERICAN PSYCHOLOGICAL ASSOCIATION

This is a video of a 2 hour long training (originally presented in 2012) on military culture to improve culturally competent care by developmental psychologists. The presentation includes an overview of military culture as well as the unique experiences of Service members and their families. In addition, professionals can obtain 2 continuing education credits upon completion of this training.

Link: <http://apa.bizvision.com/product/6984>

Cost: \$60.00

Audience: Developmental Psychologists

MILITARY CULTURAL COMPETENCE

ONLINE TRAINING

ORGANIZATION: CENTER FOR DEPLOYMENT PSYCHOLOGY

The Center for Deployment Psychology offers an online training course on Military Cultural Competence. The 75-minute course is provided for civilian mental health providers and includes information about military organizational structure, rank, branches of service, core values, and demographics. The self-paced course is available online for free at any time. If desired, the course can be completed for 1.25 continuing education credits for a fee.

Link: <http://deploymentpsych.org/online-courses/military-culture>

Cost: Free, \$30 for continuing education credit

Audience: Mental Health Professionals

Training – Online (continued)

MILITARY CULTURE: CORE COMPETENCIES FOR HEALTHCARE PROFESSIONALS COURSE

ONLINE TRAINING

ORGANIZATION: CENTER FOR DEPLOYMENT PSYCHOLOGY

This training is the most commonly recommended training regarding military culture. It is a series of e-learning modules on the core competencies of military culture, such as military organization and roles and military ethos. The modules are aimed at healthcare professionals, who can obtain continuing education credit upon completion of the course.

Link: <http://deploymentpsych.org/military-culture-course-modules>

Cost: Free

Audience: Healthcare Professionals

MILITARY CULTURE

ONLINE TRAINING

ORGANIZATION: CENTER FOR INNOVATION AND RESEARCH ON VETERANS AND MILITARY FAMILIES, UNIVERSITY OF SOUTHERN CALIFORNIA SCHOOL OF SOCIAL WORK

This online training is offered through the University of Southern California, and is open the general public. The training is aimed at civilian mental health and behavioral health professionals and includes topics such as military identity and structures and roles of service branches.

Link: <http://cir.usc.edu/cirlearn/current-course-offerings>

Cost: Unknown

Audience: Professionals

MILITARY CULTURE 101

ONLINE TRAINING

ORGANIZATION: INSTITUTE FOR VETERANS AND MILITARY FAMILIES, SYRACUSE UNIVERSITY

Syracuse University's Institute for Veterans and Military Families offers a course on military culture for individuals who are working with military and Veteran families. It covers an overview of core values, organizational structure, and the history of the U.S. Military. Continuing education credits are available upon completion along with a non-credit bearing certificate.

Link: <http://vets.syr.edu/community-engagement/mc101/>

Cost: Unknown

Audience: Community Providers

Training – Online (continued)

MILITARY CULTURE 101

ONLINE TRAINING

ORGANIZATION: KANSAS STATE UNIVERSITY

This online course lasts about 1.5 hours and is directed toward professionals who work with Service members, Veterans, and military families. Topics in this course include descriptions of military ranks, values, and terminology. In addition, professionals can obtain 2 continuing education credits.

Link: <http://militaryfamilies.k-state.edu/programs/educationalprograms/militaryculture.html>

Cost: \$50.00

Audience: Professionals

BUILDING RESILIENT KIDS

ONLINE TRAINING

ORGANIZATION: MILITARY CHILD INITIATIVE, JOHNS HOPKINS UNIVERSITY

The Military Child Initiative at Johns Hopkins University provides an online course to enable school staff to help students develop resiliency, with a primary focus on students from military families. This course includes 14 modules, covering topics such as military community, issues of mobility and deployment, special challenges faced by youth during the deployment cycle, and strategies staff can use to support students during those times. The course is available at any time free of cost and participants can earn up to two continuing education credits.

Link: http://www.jhsph.edu/research/centers-and-institutes/military-child-initiative/training_course/

Cost: Free

Audience: Educators

MILITARY AND VETERAN CULTURE

ONLINE TRAINING

ORGANIZATION: NATIONAL CHILD TRAUMATIC STRESS NETWORK (NCTSN)

The NCTSN Learning Center has several different online trainings regarding military culture. These trainings cover topics such as Army culture, cultural considerations for Navy families, communication during wartime, and the deployment cycle for National Guard members and Reservists and their families. The trainings are offered free of charge and include possible continuing education credit. Individuals must be registered to the site to access the training.

Link: <http://learn.nctsn.org/course/index.php?categoryid=26>

Cost: Free

Audience: Mental Healthcare Professionals

Training – Online (continued)

CHILDCARE AND YOUTH TRAINING AND TECHNICAL ASSISTANCE PROGRAM (CYTTAP)

ONLINE TRAINING

ORGANIZATION: PENNSYLVANIA STATE UNIVERSITY

Childcare and Youth Training and Technical Assistance Program (CYTTAP) offers over 200 online professional development modules for childcare providers of military families. CYTTAP's modules include topics on deployment through a child's perspective, reintegration, and respecting children's military-connected identity. The modules are free, unless a certificate of completion is needed, which is \$5.00. CYTTAP also offers numerous handouts about working with military families.

Link: <http://extension.psu.edu/youth/cyttap>

Cost: Free, \$5 for continuing education credit

Audience: Providers of Childcare

WHAT AMERICAN VETERANS WANT YOU TO KNOW

ONLINE TRAINING

ORGANIZATION: PSYCHARMOR INSTITUTE

This course includes an overview of military culture by explaining "15 things Veterans want civilians to know." It is a self-paced online course for which individuals can earn 1 continuing education credit.

Link: <http://www.psycharmor.org/1-5-15>

Cost: Free

Audience: General

NEW SPOUSE ORIENTATION

ONLINE TRAINING

ORGANIZATION: U.S. NAVY

The U.S. Navy provides an online orientation for spouses. This orientation covers military benefits, support services, military culture, and resources to help spouses adapt to their life as a military spouse. Registration is required to access the orientation.

Link:

http://www.cniv.navy.mil/ffr/family_readiness/fleet_and_family_support_program/life_skills/new_spouse_orientation.html

Cost: Free

Audience: New Spouses of Sailors



Training – In Person

MILITARY CULTURE TRAINING

IN-PERSON TRAINING

ORGANIZATION: DARE MIGHTY THINGS INITIATIVE, NEW HAMPSHIRE DEPARTMENT OF HEALTH AND HUMAN SERVICES

This offering of military culture trainings is available in various New Hampshire communities for civilians who work with Service members, Veterans, and their families. The primary goal of this training is to improve quality and access to care by improving service providers' understanding of military culture.

Link: <http://www.daremightythings.com/Scheduled%20Trainings.pdf>

Cost: Free

Audience: Service Providers

OPERATION IMMERSION

IN-PERSON TRAINING

ORGANIZATION: KENTUCKY DEPARTMENT OF BEHAVIORAL HEALTH, DEVELOPMENTAL AND INTELLECTUAL DISABILITIES AND KENTUCKY NATIONAL GUARD

This is an immersion experience where mental and behavioral healthcare staff undergo a four-day boot camp designed to simulate aspects of military culture. The goal is to have mental and behavioral health professionals improve their understanding of military culture and experiences.

Link: <https://captcollaboration.edc.org/story/kentucky-boot-camp-immerses-clinicians-military-culture>

Cost: Unknown

Audience: Mental and Behavioral Health Professionals

MILITARY YOUTH PROGRAM: COMMUNITY WORKSHOPS

IN-PERSON TRAINING

ORGANIZATION: MILITARY YOUTH PROGRAM, PENNSYLVANIA STATE UNIVERSITY

This is a training for those individuals with little or no experience with military culture and customs. Some aspects of the training are focused on the unique issues faced by military youth and how community members can support military youth and families.

Link: <http://extension.psu.edu/4-h/projects/myp/community-workshops>

Cost: Free

Audience: Community Members

Training – In Person (continued)

NOVA VETERANS MILITARY CULTURE AND HEALTHCARE TRAINING RESOURCES IN-PERSON TRAINING

ORGANIZATION: NORTHERN VIRGINIA (NOVA) VETERANS ASSOCIATION

This training, conducted in Virginia, is aimed at healthcare professionals to increase their understanding of military culture. The goal of the training is to help healthcare professionals provide more culturally competent care to Service members and their families.

Link: <https://novavets.org/nova-veterans-military-culture-and-healthcare-training-resources/>

Cost: \$500 for a 2-hour class for up to 20 people Audience: Healthcare Professionals

STAND IN THEIR BOOTS IN-PERSON TRAINING

ORGANIZATION: STAND IN THEIR BOOTS

These workshops are offered in-person for professionals who work with Service members, Veterans, and their families. They are available throughout the country. The workshops include information about military language, transitions, support systems, and how professionals can best serve a military population.

Link: <http://standintheirboots.com/workshops/>

Cost: \$1500 plus presenter travel Audience: Businesses, Municipal Customer Service Representatives, Healthcare Professionals, Educators, and Community Members

MILITARY CULTURE AND TERMINOLOGY: ENHANCING CLINICAL COMPETENCE IN-PERSON TRAINING

ORGANIZATION: STAR BEHAVIORAL HEALTH PROVIDERS

This is a classroom training developed with content created by the Center for Deployment Psychology (CDP) aimed at behavioral healthcare professionals who work with military professionals in Indiana and Michigan and their families. The training covers aspects of military culture and the deployment cycle. Details of the site-specific trainings are listed on websites for each state.

Link: <http://starproviders.org/>

Cost: Free Audience: Behavioral Healthcare Professionals

Training – In Person (continued)

HIRING AND EMPLOYING TROOPS, MILITARY CULTURE TRAINING FOR HR AND HIRING PROFESSIONALS

IN-PERSON TRAINING

ORGANIZATION: UNITED SERVICE ORGANIZATION (USO) OF NORTH CAROLINA

The focus of this training is to help hiring professionals (e.g., human resources, business owners) gain a better understanding of military culture. For this training, there is an emphasis on the transition from military culture to civilian culture in the workplace.

Link: <http://www.eventbrite.com/e/fayetteville-hiring-and-employing-troops-military-culture-training-for-hr-and-hiring-professionals-tickets-24845572777>

Cost: Free

Audience: Human Resources and Hiring Professionals

ARMY FAMILY TEAM BUILDING

IN-PERSON TRAINING

ORGANIZATION: U.S. ARMY

Army Family Team Building is a readiness training program that helps educate military families who want to learn more about military life. This training program assists participants in developing skills and encouraging behaviors that strengthen self-reliance, promote retention, and enhance readiness. Both Active and Reserve Components of the Army use this training program. The first level of the training (Level I) is for soldiers and family members who are relatively new to the Army (less than 5 years) or those who want a refresher. Level 1 includes topics, such as: Military Terms, Acronyms, Customs and Courtesies, Chain of Command, Benefits, Entitlements and Compensation, Family and Military Expectations, Impact of the Mission of Family Life, and Basic Problem Solving. Of note, this training program has an application (app) for smartphones.

Link:

<https://www.myarmyonesource.com/familyprogramsandservices/familyprograms/armyfamilyteambuilding/default.aspx>

Cost: Free

Audience: Military Families



Presentation - Webinars

MILITARY 101: BASICS OF MILITARY CULTURE

WEBINAR

ORGANIZATION: AMERICAN COUNCIL ON EDUCATION (ACE)

The ACE offers a 3-part webinar series for faculty and staff of higher education institutions on military student populations. Part 2 is a webinar that covers the basics of military culture, including common military terms, transitions in military life, and potential stressors unique to Service members and Veterans.

Link: <https://www.acenet.edu/events/Pages/Military-101-Basics-of-Military-Culture.aspx>

Cost: \$99 (\$250 for the series)

Audience: Higher Education Faculty and Staff

MILITARY CULTURE 101

WEBINAR

ORGANIZATION: AMERICAN MENTAL HEALTH COUNSELORS ASSOCIATION (AMHCA)

This webinar provides information regarding multiple aspects of military culture, including what is visible (e.g., organizational structure, branches, and rank structure) and what is not visible (e.g., beliefs and values). A recording of the webinar is available online.

Link: <http://www.amhca.org/?page=militaryculture&terms=%22%22military+culture%22%22>

Cost: Free

Audience: General

INVISIBLE WOUNDS WITHIN THE VETERAN COMMUNITY: WHAT YOU NEED TO KNOW

WEBINAR

ORGANIZATION: BRAIN INJURY ASSOCIATION OF NEW YORK STATE

Information regarding military culture is presented by the Home Again: Veterans and Family Initiative in this webinar in the context of a discussion regarding Service members, Veterans and Traumatic Brain Injury. Topics include military values, motivations for joining the military, recommendations for interacting with Service members and Veterans, and common challenges faced by Service members and Veterans. A recording of the webinar is available online.

Link: <https://www.youtube.com/watch?v=QwVJCLWcyo>

Cost: Free

Audience: Professionals

HOW TO HELP MILITARY AND VETERAN FAMILIES

WEBINAR

ORGANIZATION: MILITARY FAMILY RESEARCH INSTITUTE, PURDUE UNIVERSITY

The Military Family Research Institute at Purdue University offers a series of webinars to provide information to professionals to help them best support Service members, Veterans, and their families. These webinars include information about unique factors affecting military families and how professionals can best support families in the face of those factors. Webinars are aimed at mental health professionals, educators, and financial professionals.

Link: <https://www.mfri.purdue.edu/publications/how-to-help.aspx#tab1-item2>

Cost: Free

Audience: Mental Health Professionals,
Educators, Financial Professionals

UNDERSTANDING MILITARY CULTURE

WEBINAR

ORGANIZATION: MILITARY OUTREACH USA

Military Outreach USA conducted a webinar in February of 2016. This hour-long webinar provides information regarding the components of military culture, the warrior code, the effects of multiple deployments and combat, as well as practical ways to engage families and identify community resources. A recording of the webinar can be accessed online at any time.

Link: <http://militaryoutreachusa.org/resources/webinars/>

Cost: Free

Audience: Professionals, Military Families

SUPPORTING MILITARY FAMILIES AND YOUTH IN YOUR COMMUNITY

WEBINAR

ORGANIZATION: UNIVERSITY OF MINNESOTA

This is a webinar through University of Minnesota and North Dakota State University. The presentation discusses military culture and working with military youth. The objectives include learning about military culture to better support military youth and families and help identify appropriate resources for them.

Link: <https://umconnect.umn.edu/p20813476/?launcher=false&fcsContent=true&pbMode=normal>

Cost: Free

Audience: Professionals



Presentation - Slides

MILITARY FAMILIES AND MILITARY CULTURE

PRESENTATION SLIDES

ORGANIZATION: ALASKA DEPARTMENT OF MILITARY AND VETERANS AFFAIRS

Chaplain (Major) Kirk Thostein, Alaska Army National Guard, presented on Military Families and Military Culture for the Alaska Department of Military and Veterans Affairs. This presentation includes information on military training, values and mottos of each branch, military rank structure, common military language, and demographics. The slides for the presentation are available online at no cost.

Link: <https://dmva.alaska.gov/AlaskaForgetMeNot/Documents/Clergy%20Day%202-23-2016.pdf>

Cost: Free

Audience: Clergy

OVERVIEW OF MILITARY CULTURE

PRESENTATION SLIDES

ORGANIZATION: AMERICAN PSYCHOLOGICAL ASSOCIATION

Jeanette Hsu, Ph.D., Veterans Affairs Palo Alto Health Care System, presented on military culture, to include behavioral norms and customs and core values of each branch. The presentation was likely aimed at mental healthcare providers.

Link: <https://www.apa.org/about/gr/issues/military/military-culture.pdf>

Cost: Free

Audience: Mental Healthcare Professionals

VETERANS, MILITARY CULTURE, AND INTIMATE PARTNER VIOLENCE

PRESENTATION SLIDES

ORGANIZATION: CENTER FOR A HEALTHY MARYLAND

This presentation was hosted by the Maryland Health Care Coalition Against Domestic Violence. It provides information about military culture, including potential connections to intimate partner violence. The presentation includes information on military branches, military language and acronyms, military mindset and identity, special populations within the military, Veterans services, and special considerations for Veterans. The information is then linked to practical implications for clinical use. The presentation slides are available online for free at any time.

Link: <http://healthymaryland.org/wp-content/uploads/2014/11/Veterans-Military-Culture-and-Intimate-Partner-Violence-Training-November.pptx>

Cost: Free

Audience: Professionals

Presentation - Slides (continued)

MILITARY CULTURE: ENHANCING CLINICAL COMPETENCE PRESENTATION SLIDES

ORGANIZATION: CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY

This is a presentation developed by the Henry M. Jackson Foundation and sponsored by the Uniformed Services University of the Health Sciences and based upon material from the Center for Deployment Psychology. The presentations provides an introduction into military culture that includes military ranks and service branches, as well as military values and language. There is also a section on the deployment cycle and experiences of military youth.

Link:

http://ego.thechicagoschool.edu/s/843/images/editor_documents/mpsa_dc_dept_clinical_training/military_culture.pdf

Cost: Free

Audience: Mental Health Professionals

MILITARY CULTURE 101

PRESENTATION SLIDES

ORGANIZATION: CITIZEN SOLDIER SUPPORT PROGRAM

This presentation was created by members of the Citizen Soldier Support Program to help students, faculty, and administrators understand military culture in order to use that knowledge within the classroom. It includes an explanation of the uniqueness of military culture as well as information regarding the structure of the military, military language, and military mindset.

Link:

<http://www.citizensoldiersupport.org/lib/resources/ORNC%20Military%20Culture%20101%20Workshop%2014%20Sep%2012.pdf>

Cost: Free

Audience: Higher Education Faculty and Staff

MILITARY CULTURE WORKSHOP

PRESENTATION SLIDES

ORGANIZATION: DEPARTMENT OF DEFENSE EDUCATION ACTIVITY AND DEPARTMENT OF EDUCATION TEACHER2TEACHER

The Department of Defense Education Activity and the Department of Education hosted a Military Culture Workshop. The presentation slides from the workshop are available online and offers ideas for activities to use to help people learn about rank structure and military acronyms, as well as informations about transitions in military families.

Link: <http://www.dodea.edu/Partnership/upload/Exploring-Military-Culture.pdf>

Cost: Free

Audience: Educators

Presentation - Slides (continued)

BASIC TRAINING--MILITARY CULTURE

PRESENTATION SLIDES

ORGANIZATION: HEALTH RESOURCES AND SERVICES ADMINISTRATION (HRSA)

Dr. Will G Barnes (Chaplain, Colonel, Army National Guard) offered a presentation regarding military culture for the Human Resources and Services Administration of the U.S. Department of Health and Human Services. This presentation includes information regarding military structure, military language, and common mindsets in the military. The presentation slides are available online.

Link:

<http://bhpr.hrsa.gov/grants/areahealtheducationcenters/ta/Trainings/materials/vmhmilitaryslideexample.pptx>

Cost: Free

Audience: General

UNDERSTANDING MILITARY CULTURE

PRESENTATION SLIDES

ORGANIZATION: MENTAL HEALTH AMERICA OF WISCONSIN

This is a presentation regarding understanding military culture from the Wisconsin Warrior Summit. It includes information regarding structure of the military, training, core values of service branches, military language, and current conflicts. The presentation slides are available online.

Link: <http://www.mhawisconsin.org/Data/Sites/1/media/Events/gb-summit/understanding-military-culture.pptx>

Cost: Free

Audience: General

MILITARY CULTURAL COMPETENCY TRAINING

PRESENTATION SLIDES

ORGANIZATION: MENTAL HEALTH ASSOCIATION OF NEW YORK CITY

The Home Again: Veterans and Families Initiative of the Jewish Board of Family and Children's Services offered this Military Cultural Competency Training for the Veteran's Coalition of the Mental Health Association of NYC. The presentation slides are available for free online and include information on military values, reintegration challenges, and strengths among Service members and Veterans.

Link: <http://www.mhaofnyc.org/wp-content/uploads/2014/07/September-2011-Military-Cultural-Competency-for-Providers-Adriana-Rodriguez-LCSW-and-Rebecca-Wynn-JBFCS-Home-Again-Veterans-and-Families-Initiative.pdf>

Cost: Free

Audience: Mental Health Professionals

Presentation - Slides (continued)

MILITARY CULTURE AND TERMINOLOGY

PRESENTATION SLIDES

ORGANIZATION: MILITARY FAMILY RESEARCH INSTITUTE (MFRI), PURDUE UNIVERSITY

The Military Family Research Institute hosted a presentation by Reaching Rural Veterans. This presentation covered information regarding military culture and terminology, with a particular focus on helping providers engage Veterans in rural areas. The slides from the presentation are available online.

Link:

<https://www.mfri.purdue.edu/resources/public/presentations/ReachingRuralVeteransMilitaryCulture.pdf>

Cost: Free

Audience: Professionals

MILITARY CULTURE 101: MILITARY FITNESS AND REHABILITATION

PRESENTATION SLIDES

ORGANIZATION: MISSOURI PSYCHOLOGICAL ASSOCIATION

Dr. Kathleen S. Brown, Director of the Integrative Pain Center at Tripler Army Medical Center presented on military culture for the Missouri Psychological Association. This presentation covered topics such as the difference between military (DoD) and Veterans Affairs healthcare cultures, the warrior ethos and its impact on health beliefs, and adjustment issues for Service members and their families during the deployment cycle. The presentation slides are available online.

Link: http://www.mopaonline.org/uploads/9/4/5/9/9459095/military_culture101.pdf

Cost: Free

Audience: Mental Health Professionals

UNDERSTANDING MILITARY CULTURE IN ORDER TO BETTER SERVE OUR MILITARY COMMUNITIES

PRESENTATION SLIDES

ORGANIZATION: NEW HAMPSHIRE DEPARTMENT OF HEALTH AND HUMAN SERVICES

The New Hampshire Department of Health and Human Services Bureau of community-based military programs developed this presentation about military culture in order to develop a greater understanding among those who work with and serve military personnel and their families. This 21-slide powerpoint includes perspectives on military culture from Veterans and Active Duty members as well as local community resources. It is available online at no cost.

Link: <https://www.naminh.org/uploads/docs/MilitaryCulture.pdf>

Cost: Free

Audience: Professionals

Presentation - Slides (continued)

MILITARY CULTURE: ONE OFFICER'S PERSPECTIVE

PRESENTATION SLIDES

ORGANIZATION: NORTH EASTERN SOUTH DAKOTA AREA HEALTH EDUCATION CENTER

In this presentation for the North Eastern South Dakota Area Health Education Center, Colonel Michael D. Carney imparts information about military culture from his perspective. The 24 slides include information on the different branches as well as his personal experience as a retired Airman.

Link: https://nesdahec.org/files/channel_files/Military+Culture+Slides+-+CARTNEY.pptx

Cost: Free

Audience: Healthcare Professionals

UNDERSTANDING MILITARY CULTURE

PRESENTATION SLIDES

ORGANIZATION: OKLAHOMA NATIONAL GUARD

A presentation of military culture from a member of the Oklahoma National Guard, Captain Misty Anne Jobe, MSC, MA. The presentation covers topics such as "warrior culture" and military culture resources.

Link: <https://www.ok.gov/odmhsas/documents/Jobe,%20Misty-Understanding%20Military%20Culture%202014%20%5BCompatibility%20Mode%5D.pdf>

Cost: Free

Audience: Service Members and Families

MILITARY CULTURE 101

PRESENTATION SLIDES

ORGANIZATION: RHODE ISLAND NATIONAL GUARD

The Rhode Island National Guard hosted a training about military culture. Staff sergeant Stephanie J. Riotte, RN with the Rhode Island National Guard presented information on military structure and organization, military branches and their primary missions and core values, differences between Active and Reserve components, general demographics of Service members, and military-specific language.

Link: http://www.bhddh.ri.gov/misc/pdf/OperationImmersionDocs/Riotte_Military%20Culture%20102.pdf

Cost: Free

Audience: Mental Health Professionals

WHY MILITARY CULTURE MATTERS: THE MILITARY MEMBER'S EXPERIENCE

PRESENTATION SLIDES

ORGANIZATION: WAR RELATED ILLNESS AND INJURY STUDY CENTER (WRIISC), DEPARTMENT OF VETERANS AFFAIRS

Maria Falca-Dodson, Major General, from Vets4Warriors, offered a presentation on the importance of understanding military culture. This presentation included information regarding Service members' reasons for joining the military, military structure, core values of the different branches, organizational structure, and training. The presentation slides are available online.

Link: http://www.warrelatedillness.va.gov/WARRELATEDILLNESS/education/conferences/2010-sept/slides/2010_09_15_Falca-DodsonM-Why-Military-Culture-Matters.ppt

Cost: Free

Audience: General



Other Resources

DEPLOYMENT AND MILITARY MEDICAL HOME RESOURCES OTHER RESOURCE

ORGANIZATION: AMERICAN ACADEMY OF PEDIATRICS

American Academy of Pediatrics' website includes a series of handouts that help medical providers understand military culture and working with military-connected youth. The handouts offered on this website focus on helping medical providers consider the mental and physical health needs of youth and families within the military.

Link: <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Pages/Deployment-and-Military.aspx>

Cost: Free

Audience: Pediatricians

MILITARY CULTURAL AWARENESS TRAINING OTHER RESOURCE

ORGANIZATION: AMERICAN ASSOCIATION OF COLLEGES OF NURSING

The American Association of Colleges of Nursing provides a report created by the Veterans Affairs Learning University, through the Department of Veterans Affairs about military culture. The report includes information on branches and structure of the military, characteristics of Service members and Veterans, and military activities. The report is available online for free.

Link: http://www.aacn.nche.edu/downloads/aacn-dva-joining-forces/2-MILITARY_CULTURAL_AWARENESS001.pdf

Cost: Free

Audience: Higher Education Faculty and Staff

LEARN TO BETTER UNDERSTAND MILITARY CULTURE OTHER RESOURCE

ORGANIZATION: BLUE STAR FAMILIES

This short, 2-minute video, offers information about military culture, including common challenges military families may face.

Link: <http://www.monkeysee.com/play/25466-learn-to-better-understand-military-culture>

Cost: Free

Audience: General

Other Resources (continued)

OPERATION: MILITARY KIDS

OTHER RESOURCE

ORGANIZATION: FLORIDA 4-H

This handout is part of a presentation that teaches educators how to address the needs of military-connected children. This is designed to be a 90 minute presentation explaining common components of military culture as well as how many youth function and adapt within military culture.

Link: <http://florida4h.org/military/ReadySetGo/chapters/Chapter4.pdf>

Cost: Free

Audience: Teachers

UNDERSTANDING MILITARY CULTURE (EXCERPTS FROM READY, SET, GO! TRAINING MANUAL, OPERATION MILITARY KIDS)

OTHER RESOURCE

ORGANIZATION: GIVE AN HOUR

This handout provides descriptions and definitions of common terms and concepts in the military. It is from a larger document of the Operation: Military Kids manual.

Link: http://giveanhour.org/Portals/0/PDF/Understanding_Military_Culture.pdf

Cost: Free

Audience: Mental Health Professionals

UNDERSTANDING AND SUPPORTING THE EMOTIONAL HEALTH OF STUDENT VETERANS

OTHER RESOURCE

ORGANIZATION: THE JED FOUNDATION

The Jed Foundation created a Quick Reference Guide to Military Culture for a general audience. The guide includes information about the different branches of the military, their mottos, missions, and core values. It is available at no cost online at any time.

Link:
<http://jedfoundation.org/veterans/attachments/Quick%20Reference%20Guide%20to%20Military%20Culture.pdf>

Cost: Free

Audience: General

Other Resources (continued)

BASIC TRAINING: A PRIMER ON MILITARY LIFE AND CULTURE FOR HEALTHCARE PROVIDERS

OTHER RESOURCE

ORGANIZATION: JOINT SERVICES SUPPORT

The Joint Services Support which is a National Guard Joint Manpower, Personnel, and Services Team, hosts a document from the Uniformed Services University of the Health Sciences has produced a document with information about military life and culture for healthcare providers. This 50-page document covers topics including military structure, life in the military, and leaving the military.

Link: <https://www.jointservicesupport.org/communityforces/Documents/Basic-Training-A-Primer-on-Military-Life-and-Culture-for-Health-Care-Providers.pdf>

Cost: Free

Audience: Healthcare Professionals

MILITARY CULTURE: AN INTRODUCTION FOR COMMUNITY HEALTHCARE PROVIDERS

OTHER RESOURCE

ORGANIZATION: MEDSCAPE

This is the transcript of a presentation about military culture directed toward community healthcare providers. Included is information regarding general military culture as well as ways in which military culture may impact mental health screenings and conditions. Presentation slides are also included with the transcript.

Link: <http://www.medscape.org/viewarticle/747010>

Cost: Free

Audience: Healthcare Professionals

HOW TO HELP MILITARY AND VETERAN FAMILIES

OTHER RESOURCE

ORGANIZATION: MILITARY FAMILY RESEARCH INSTITUTE, PURDUE UNIVERSITY

The Military Family Research Institute at Purdue University has developed a series of publications to provide information to professionals to help them best support Service members, Veterans, and their families. These publications include information about unique factors affecting military families and how professionals can best support families in the face of those factors. Publications are aimed at educators, financial professionals, legal professionals, first responders, medical and mental health professionals, and faith-based communities.

Link: <https://www.mfri.purdue.edu/publications/how-to-help.aspx>

Cost: Free

Audience: Educators and Financial, Legal, Medical and Mental Health Professionals, First Responders, and Faith-Based Communities

Other Resources (continued)

MILITARY LIFE 101

OTHER RESOURCE

ORGANIZATION: [MILITARY KIDS CONNECT, U.S. DEPARTMENT OF DEFENSE](#)

This website provides information for educators about the structure of the military, military culture, military language, and the deployment cycle. It aims to give educators a general understanding of the military to bolster their ability to support military families and youth.

Link: <http://militarykidsconnect.dcoe.mil/educators/military-culture/military-life>

Cost: Free

Audience: Educators

LESSON PLANS

OTHER RESOURCE

ORGANIZATION: [MILITARY KIDS CONNECT, U.S. DEPARTMENT OF DEFENSE](#)

Military Kids Connect delivers lesson plans on military culture for teachers to use in their classrooms with their students. Lesson plans for Elementary School, Middle School, and High School are included, with topics that are integrated into Social Studies, Language Arts, and Mathematics curricula.

Link: <http://militarykidsconnect.dcoe.mil/educators/lesson-plans>

Cost: Free

Audience: Educators

WORKING WITH MILITARY STUDENTS

OTHER RESOURCE

ORGANIZATION: [MILITARY KIDS CONNECT, U.S. DEPARTMENT OF DEFENSE](#)

This video, created by Military Kids Connect, was created to assist school teachers and counselors in working with and supporting military dependents. It includes information regarding military culture in general, transitioning students (for example, during relocation), and the specific challenges military families and youth face during deployment.

Link: <http://militarykidsconnect.dcoe.mil/educators/military-culture/teaching-advice-full>

Cost: Free

Audience: Educators

MC3: MILITARY CULTURE, CUSTOMS, AND COURTESIES

OTHER RESOURCE

ORGANIZATION: [MHN GOVERNMENT SERVICES MILITARY AND FAMILY LIFE COUNSELING](#)

This is a collection of links to resources regarding military culture for mental health providers. It includes a reading list of military publications, branch-specific information, and military acronyms.

Link: <https://mhnmfclprogram.com/resources/military-knowledge/>

Cost: Free

Audience: Mental Health Professionals

Other Resources (continued)

MILITARY KIDS CONNECT: RESOURCES FOR EDUCATORS AND HEALTHCARE PROVIDERS

OTHER RESOURCE

ORGANIZATION: NATIONAL CENTER FOR TELEHEALTH AND TECHNOLOGY, U.S. DEPARTMENT OF DEFENSE

Military Kids Connect provides free resources to help educators support military students. This kit allows schools include training on military culture during educator in-services. It provides resources for a 3-hour training, including a facilitator's guide, videos, and handouts.

Link: <http://t2health.dcoe.mil/mkc-resources-educators-and-health-care-providers>

Cost: Free

Audience: Educators and Health Care Professionals

UNDERSTANDING THE MILITARY: THE INSTITUTION, THE CULTURE, AND THE PEOPLE

OTHER RESOURCE

ORGANIZATION: PARTNERS FOR RECOVERY, SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

Partners for Recovery at SAMHSA produced this document for behavioral healthcare specialists working with Service members and Veterans. The 33-page document includes information on branches of service, components, military values, and demographics. It is available online at no cost.

Link: http://www.samhsa.gov/sites/default/files/military_white_paper_final.pdf

Cost: Free

Audience: Mental Health Professionals

UNDERSTANDING MILITARY CULTURE: A GUIDE FOR PROFESSIONAL SCHOOL COUNSELORS

OTHER RESOURCE

ORGANIZATION: THE PROFESSIONAL COUNSELOR

This is a journal article by Rebekah F. Cole (published in 2014) for school counselors about military culture (e.g., language, rules, expectations) to be aware of in educational settings. The handout includes descriptions of military concepts and implications for counselors working with military-connected students.

Link: <http://tpcjournal.nbcc.org/understanding-military-culture-a-guide-for-professional-school-counselors/>

Cost: Free

Audience: School Counselors

Other Resources (continued)

MILITARY CULTURE

OTHER RESOURCE

ORGANIZATION: UNKNOWN (MILITARY SPOUSE)

This presentation delivers information about military culture from a military spouse's perspective. It includes information regarding the military value system, rules and norms, language and traditions, and military rank systems. It also identifies the unique experience of military families, including separations as well as the expression of pride.

Link: <https://prezi.com/9ducbe5hnuw-/military-culture/>

Cost: Free

Audience: General

EDUCATOR'S GUIDE TO THE MILITARY CHILD DURING DEPLOYMENT

OTHER RESOURCE

ORGANIZATION: U.S. DEPARTMENT OF EDUCATION

This is a report, hosted at U.S. Department of Education, which was sponsored by the Educational Opportunities Directorate of the Department of Defense. It is the result of a collaboration between each branch of the U.S. military and Dr. Maureen Wong, University of Southern California that aims to inform educators about working with military children during the deployment of a parent. It covers phases of deployment, possible child reactions, intervention strategies, and commonly asked questions.

Link: <http://www2.ed.gov/about/offices/list/os/homefront/homefront.pdf>

Cost: Free

Audience: Educators

COMMUNITY PROVIDER TOOLKIT: UNDERSTANDING MILITARY CULTURE

OTHER RESOURCE

ORGANIZATION: U.S. DEPARTMENT OF VETERANS AFFAIRS

The Community Provider Toolkit from the U.S. Department of Veterans Affairs provides a section regarding military culture, which includes links to external training opportunities and numerous handouts with helpful information. These resources, aimed at assisting providers in working with Veterans, include information regarding the importance of military culture and experience, understanding military culture, deployment, operational experience, and specifics regarding the Reserves and National Guard.

Link: http://www.mentalhealth.va.gov/communityproviders/military_culture.asp

Cost: Free

Audience: Professionals

Other Resources (continued)

VETERANS EMPLOYMENT TOOLKIT: MILITARY CULTURE

OTHER RESOURCE

ORGANIZATION: U.S. DEPARTMENT OF VETERANS AFFAIRS

This website from the Department of Veterans Affairs includes resources with information regarding military language, benefits of military service, military structure, and links to further training courses. It is intended to assist employers in understanding and working well with Veteran employees.

Link: http://www.va.gov/vetsinworkplace/mil_culture.asp

Cost: Free

Audience: Employers

MILITARY CHILDREN: A PRIMER FOR SCHOOL PERSONNEL

OTHER RESOURCE

ORGANIZATION: VIRGINIA JOINT MILITARY FAMILY SERVICES BOARD

This document includes general information about the military, the deployment cycle, relocation, and possible crises that military families may face. It is aimed toward educators who may be working with military families.

Link: <http://support.militaryfamily.org/site/DocServer?docID=642>

Cost: Free

Audience: Educators

UNDERSTANDING MILITARY CULTURE AND TRANSITION TO CIVILIAN LIFE

OTHER RESOURCE

ORGANIZATION: WORKFORCE INVESTMENT BOARD

The Workforce Investment Board hosted a presentation regarding military culture, including information about the structure of the military, common language, the deployment cycle, and common challenges faced by Service members and their families. A video of the presentation is available online.

Link: <https://www.youtube.com/watch?v=Xa9FL6fAVHE>

Cost: Free

Audience: Professionals



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