



Supporting Military Families Through
Research and Outreach

Building Effective Teams

Time to Reflect



RESEARCH

OUTREACH

UNIVERSITY OF ARIZONA
MILITARY REACH



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Time to Reflect



Consider the following questions before you go on. Write about them in your journal, dialogue with colleagues, or share with your supervisor or coach:

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- Are you using teams in your organization now? If so, what type of team do you have in place?
 - If you are not using teams in your organization, why not? Can you think of a situation in which a team would produce better results than one individual working alone?
 - Can you put together a hypothetical team with a specific purpose? Who would you recruit to be on this team? Why?